Washington Heights, **New York City** Contact person: David Redbord 212-342-6045 the HEAL program @gmail.com

Community Pediatrics, Department of Pediatrics

## Columbia University Medical Center

Morgan Stanley Children's Hospital New York Presbyterian

 $H_{E_{A_{Literacy}}^{Aealth}}^{Health}$ Education and

## Patient Empowerment Through Knowledge

The Health Education and Adult Literacy program at Columbia University Medical Center is currently seeking interns to improve patient empowerment and understanding regarding medication use, increase family involvement in planning care, and obtain better health outcomes for patients in the Washington Heights area of New York City.

Interns\* will be given ongoing training and support to meet with patients in clinics, wherein they will discuss patients' current home-care practices, demonstrate appropriate changes, and encourage parents to become more proactive.

Students from a variety of backgrounds will find this internship especially useful as they will be able to work with patients in a clinical setting, cultivate an understanding of health disparities, and develop their inter-personal skills. Additionally, students will gain professional experience, and make a difference in the lives of children. Knowledge of Spanish is required.\*

\*Please note this is a volunteer internship. \*Students should expect to commit 2-4 hours per week.

## Columbia University Medical Center

622 West 168th St, New York City, NY 10032

Phone: (212)-342-6045 Fax: (212)-305-0807

E-mail: theHEALprogram@gmail.com

Interns will be placed in local clinics in the Washington Heights area, where they will:

- Meet with parents bringing in children to discuss their current home-care medical practices with regard to their children
- Suggest ways to improve those practices based on the HEAL curriculum
- Make sure that parents are leaving with a better understanding of doctors' care instructions.